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A PRACTICAL
BLUEPRINT FOR ↕

**SUSTAINABLE
HEALTHCARE**

Cut carbon, save money and
support workforce productivity

CAPITA



CARE WITHOUT CARBON

Created by the NHS, for the NHS, Care Without Carbon is a simple framework for delivering sustainable healthcare.

Developed by Sussex Community NHS Trust in partnership with Capita, Care Without Carbon provides a multi-award-winning model, designed to meet national policy requirements on sustainability and carbon reduction in the NHS. It is recognised by the NHS Sustainable Development Unit as a best practice approach for creating a Sustainable Development Management Plan.

Since its creation in 2013 we have worked across the NHS, supporting Trusts and commissioners on their journey to becoming more sustainable.

“If the rest of the NHS can learn from the work you and your team have done, we will truly be transitioning to a more sustainable system.”

Dr Caroline Jessel, Lead for Clinical Transformation and Outcomes, NHS England South East

HOW IT WORKS

Care Without Carbon provides a proven framework for developing and implementing your own Sustainable Development Management Plan (SDMP).

The beauty of Care Without Carbon is its simplicity. Based around seven steps, it ensures all aspects of sustainability are captured in a flexible and integrated model that can be tailored to suit any NHS organisation.

“Care Without Carbon is a wonderful corporate approach to how an organisation can take forward sustainability. It helps address financial sustainability challenges facing the NHS at the moment and is an enabling approach to transforming care whilst reducing environmental impacts. It’s very commendable.”

Sonia Roschnik, Head of Sustainable Development Unit, Health Sector

SEVEN STEPS TO SUSTAINABLE HEALTHCARE



ADAPTATION

Ensuring our infrastructure and operations are resilient to climate change



PROCUREMENT

Creating an ethical and resource efficient supply chain



WELLBEING

Enhancing the wellbeing of our workforce



BUILDINGS

Reducing the environmental impact of our estate



CULTURE

Informing, empowering and motivating people to achieve sustainable healthcare



GOVERNANCE

Embedding sustainability in corporate governance structures



JOURNEYS

Minimising the health and environmental impact of travel



HOW WE WORK WITH YOU

Our team of experts works in partnership with NHS organisations to deliver success through this best practice model.

We are a team of specialist sustainable healthcare experts drawing on over 40 years' experience in delivering award-winning sustainability solutions to the NHS.

Working with you, we will develop an effective and practical SDMP using our Care Without Carbon seven step model. This will integrate with your existing priorities, initiatives and resources enabling your Trust to cut carbon, realise cost savings and support the development of a healthier and more productive workforce.

Once developed, we can then work in partnership with you to implement your SDMP, providing tailored support to ensure the benefits in each of the seven areas are delivered.

DEVELOPING YOUR SDMP

We'll take you through three key stages to deliver your SDMP:

STAGE 1

Understanding where you are

Understanding Trust priorities and initiatives, reviewing existing progress on sustainability and carbon footprinting

STAGE 2

Identifying where you want to be

Working with you to set targets and actions under the seven steps, and assessing carbon opportunities

STAGE 3

Agreeing how you'll get there

Facilitating workshop for key stakeholders, drawing up next steps action plan, finalising SDMP and securing board approval

ENGAGEMENT

Throughout the process we work in partnership with key people across the organisation to gain buy in, understand existing work and identify key challenges and opportunities



Sustainable Development
Management Plan

BOARD APPROVED,
BEST PRACTICE SDMP

HELPING YOU TO DELIVER

We provide targeted support to bring your SDMP to life.

Developing an SDMP is the first step. In order to realise the full range of benefits, the plan must be put into action.

We provide the right support to deliver the benefits of Care Without Carbon by complimenting existing skills and resources. Examples of services we have provided in the NHS include:

- › Ongoing SDMP management
- › Energy management and carbon reduction
- › Cost Improvement Programmes (CIP)
- › Travel services
- › Waste management
- › Staff engagement

Our aim is to develop partnerships with NHS organisations to ensure successful delivery of your SDMP.

Talk to our team to find out more about a bespoke package for you.

WHY CHOOSE CARE WITHOUT CARBON?

Care Without Carbon is a flexible approach that can be applied to all NHS organisations looking to reap the rewards of delivering services in a more sustainable way.

Through Care Without Carbon your organisation can:

- Develop and deliver an effective SDMP that integrates with your existing priorities and initiatives.
- Reduce carbon emissions and other environmental impacts.
- Support Trust cost improvement initiatives through savings from energy, travel and waste efficiencies.
- Improve the health and wellbeing of your workforce.
- Empower and motivate your staff to take action on sustainable healthcare.
- Enhance your reputation by adopting an award-winning, best practice model.
- Demonstrate your commitment to sustainable healthcare to commissioners, patients and other stakeholders.

WHAT WE HAVE ACHIEVED

Sussex Community NHS Trust

Working with Sussex Community NHS Trust since 2010, Care Without Carbon has achieved:



savings of £3.6 million



17% absolute reduction in carbon footprint



24% reduction in electrical and fossil fuel energy consumed



A 500,000 mile reduction in Trust business mileage and 19% reduction in fleet vehicle emissions



65% non-healthcare waste recycled
zero non-healthcare waste to landfill



I DARE TO MAKE ONE LESS CAR JOURNEY

In 2015 we launched an innovative staff engagement campaign, Dare to Care. In the first 6 months more than 400 staff signed up to over 1,400 pledges supporting wellbeing and the environment. Our website www.carewithoutcarbon.org is the hub of the Dare to Care campaign.

LET'S TALK

TO FIND OUT MORE ABOUT
CARE WITHOUT CARBON:

Visit our website capitahealthpartners.co.uk

Follow us on Twitter @carewithoutCO2

Or contact Will Clark, Director Environmental
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